

# HOKOWHITU SCHOOL NEWSLETTER

Friday the 13<sup>th</sup> of December 2024

## Important Upcoming Events 2024 / 2025

<b>16 December 1.45pm</b>	Transition visit into 2025 classes
<b>17 December</b>	TKM, TKA and TKT celebration days
<b>18 December 12.45pm</b>	<b>Classes finish for 2024 at 12.45pm</b>
<b>30 + 31 January</b>	Staff call back days
<b>31 January 1.30 - 2.30pm</b>	Informal 'meet and greet' in classrooms. Bring your stationery and sunhat, and come and say 'hi' to the teaching team
<b>Monday 3 February 8.50am</b>	School opens for 2025 - day 1 of Term 1



## UPDATE FROM THE PRINCIPAL

Kia ora e te whānau

It was lovely to share a coffee and chat to start the day on Tuesday with whānau who have helped us out over this year. We are well aware that many of our helpful adults were not able to come in during working hours. To everyone who has helped us, thank you so much and meri kirihimete!

### CHRISTMAS CARNIVAL

Thank you so much to Amy Westergaard and the large team that had a part in the huge success of the carnival last night. From the food donations, to the food preparation and subsequent serving, to the physical set up and pack down -it was a huge undertaking and even with the weather conspiring to make it difficult, everything pretty much ran like clockwork! Tino pai rawa whānau.

Thanks to everyone who came along and supported the carnival too.

### PRIZE GIVING AND YEAR 6 GRADUATION

Excessive heat and limited space aside, these events also proved successful. Of course, we all hoped we'd be outside enjoying the event in the sunshine, but plan B worked (thanks Mrs GM).

Limited time last night meant that I was unable to share my reflection on 2024. Please feel free to read this instead.

*Tena koutou katoa - welcome to Prizegiving 2024*

*Highlights of this year have included our very successful Year 5 and 6 camps, a great sleepover and visit to Ngā Manu for Year 4 ākongā, the spectacle of Major Production, loads of sports events, regular house meetings, whole school reward days - including ice skating here at school, book week – just to name a few!*

*Our small but active wider PTA team has had another great year – this evening’s food stalls are a great example of this. The children have also enjoyed a number of pizza lunches, yummy cookie sales and ever popular fundraisers like selling Calendar Art. Thank you for spearheading all this mahi Amy Westergaard. Tamariki – homai te paki paki to the amazing team that has made the ‘carnival’ aspect of our prizegiving happen again.*

*Today we honour many learners - learners who have STRIVED to be the best they can be. Learners who have truly stepped up, tried new things, shown respect of self and others, investigated and shown creativity, valued others and best of all, been enthusiastic about their learning. Well done everyone!*

*In 2025 we look forward to:*

- The pool party on the 13 February*
- EOTC week culminating in a whole school Big Day Out to Foxton at the end of February,*
- Book Week*
- Market Day*

*I would like to sincerely thank some key people who hugely contribute to our success as a school. To my staff, support and teaching - thank you!! Your commitment to our school and to our children is second to none. Your skills, passion and enthusiasm continue to truly blow me away. Thanks to each and every one of you.*

*Reece and Carlee – special thanks for the amazing support you both provide me in the ‘never a dull moment space’ of senior leadership!*

*To the School Board - Philip and the team, THANK YOU, - your governance of our school is highly valued.. 2025 is a Board election year, do talk to a Board member or myself if this is something that you may be interested in putting yourself forward to be considered for election.*

*To the many other people who have given so willingly of your time and skills to assist in classrooms, on trips, on the sports field, assisting with fundraisers etc – thank you.*

*Most importantly, to the children – thank you to each and every one of you who bounce into school each day with a positive attitude and a smile on your dial. Being positive makes even learning much more fun.*

*There are lots of exciting things happening at Hokowhitu School. It is such a great place to be!*

*Meri Kirihimete - Merry Christmas everyone*

*Have a happy and safe holiday and we’ll see most of you on the 3<sup>rd</sup> February next year. If you would like to drop into the kete in the afternoon of the 31<sup>st</sup> January, you can greet the teaching team and drop off your stationery with less rush than the first morning.*

*Nga mihi nui*

Our 2025 student leadership team was also announced last night. Congratulations to the following 2025 Year 6's on your selection as a student leader. We look forward to helping you to develop your leadership skills.

#### **2025 Ambassadors**

Harrison I / Tupuse F / Ruby A / Charlotte G

Harry D

Anne L

Mila L

Donnacha F

#### **2025 House Leaders**

Kakariki - Lachie B & Maia S

Kahurangi - Aarush M & Bailey C

Whero - Mason M & Amiria S

Kowhai - Matty B & Orla O

#### **2025 Hokowhitu Wellbeing Warriors.**

Baxter R

Zayd H

Ava M

Jaxson M

Imogen B

Elijah S

Ben B

Ava K

Mila P

Max B

#### **2025 Student Councillors.**

Ronav P

Minoo H

Tyler O

Chase J

Amos S

Olivia S

Our 2024 major prize winners were also announced last night. Congratulations to the following people on your successes:

**Miss T STRIVE Trophy** - Hanna S

**Year 5 speech** - William C

**Year 6 Speech winner** - Daniel S

**For outstanding contribution to Musical and Dramatic Activities** - Maisey B.

**For Outstanding Contributions to Sports** - Austin D.

**For excellence in Information and Technology** - Tristan C.

**Stewart Family Trophy for Excellence in Literacy** - Alex G.

**Richard Bullock Trophy for excellence in mathematics** - Joshpreet S.

**Honore Trophy for Outstanding Citizenship** - Ava S.

**Hokowhitu STAR Award** - Hannah P

Congratulations to each of the graduating Year 6 students who crossed the stage last night. Each graduate had an affirmation written by a friend shared as they received their cap, yearbook and memorial pen.

Wishing everyone a fantastic weekend.

This will be our final full newsletter for this year.

Please remember classes finish for 2024 at 12.45pm next Wednesday 18 December.

We look forward to seeing refreshed ākonga streaming into the kura from 8.30am on Monday 3rd February.

(please remember to pop into your kete between 1.30 and 2.30 on Friday 31 January to drop in stationery and say hello to the 2025 teaching team).

Ngā mihi nui

Lin Dixon

# SPORTS

**ALL SPORTS UNIFORM NEEDS TO BE RETURNED TO THE SCHOOL OFFICE BEFORE THE END OF TERM PLEASE.**

## SUMMER SOCCER

**Hokowhitu Monarchs** - played their last game of the season against Turitea Twilight. It was a tight game that could have gone either way but Turitea took it 1-0. Ka pai to Ivy who was our player of the day.

Nga mihi to the all the Monarchs for a fantastic season.

You always gave it your all, played hard but fair and most of all had FUN!

**Hokowhitu Hotshots** had a magnificent season, these guys have working as a team nailed down. Finished the season on a high note last night with a 5-0 win. Fantastic work team and many thanks to our awesome coach Andrew.

6 wins from 8 games, and the last 5 wins all in a row. 28 goals total, and some amazing teamwork.



## **From Arena Summer Soccer**

Congratulations to everyone that has participated this season, either as coordinator, coach/manager, parent or player. Walking around yesterday it was awesome to see so many children enjoying the sport that is football.

Regardless of if their team won or lost the players supported each other and shook hands with their opposition after a cheer. This supportive nature makes for a great environment.



## EGGS



Egg deliveries to Hokowhitu School are all done now for the year.... so if you wanted extra and live in our home delivery regions, you just need to take the GROUP CODE out of your account, and click save, and then you will see our home delivery set up and all the things we do.... you can order via that way. A big thank you to everyone who supports the school by buying eggs and other foods. We do appreciate it!





## Achievement Awards

### Te Kete Wakahuia

**Ellie** - you have shown great progress in literacy learning. Well done for trying hard and listening in workshops.

**Ivory** - for great teamwork during maths

**Paige** - for great teamwork during maths

**Hui-Tanguru** - working hard to learn her basic facts

**Hannah** - fantastic encouragement of others and help look after our classroom

**Lucy E** - for working so hard on your fundamental skills. Tino pai.

**William** - for being a clever mathematician. Kā pai.

**Hemi** - for participating in our fundamental skills morning with enthusiasm. Kā pai.

**Kirill** - for working hard on your basic facts.

**Remy** - for super letter writing.

**Neave** - for being so kind and helpful in our kete.

### Te Kete Pounamu

**George** - for making thoughtful choices with your peers.

**Delenaa** - You have made fantastic progress in maths this year Delenaa, Ka pai!

**Baoyu** - for asking lots of questions to deepen your knowledge and understanding!

Thank you **TKP** for a fantastic year of learning. We have been so impressed by the progress you have all made and the amazing learners you have turned into!

Have a wonderful break with your whānau, stay safe and have fun. We look seeing you around in 2025!

### Te Kete Manawa

Wow **TKM!** What a year it has been. Thank you for all of your hard work over the year. We have made a lot of memories for 2024! We only have 3 more days to go next week until you get to put your feet up and relax while you enjoy time with your whānau over the holidays. We wish you all a very Merry Christmas and a Happy New Year. Stay safe and be kind to one another.

### Te Kete Aronui

**Rylan** - for publishing a great 'Year in Review'

**William** - for working well with others in team maths problem solving activities

**Imogen D, Lucy, Quinn** - for great art work, design and creativity!

**Sam M** - for enthusiasm and a positive attitude towards all our kete activities

**Mason O** - clever maths work, you can crack codes!

A big thank you to all our families for your support this year! Whether it was helping with homework, volunteering, or just cheering your kids on, it made a huge difference. We've loved working with your amazing kids, and your encouragement has been such a big part of their success.

Merry Christmas

Jenny, Stacey and Priscilla

### Te Kete Tangaroa

Well done to all of **TKT** for an amazing year. We have all worked so hard this year to achieve so much. A special well done to the Year 6 children. You have made us all so proud. You have shown leadership every day through your actions and how you treat others.





## Community Notices

# aPlus School Holiday Programme, Summer 2024

**Hokowhitu School - 227 Albert St, PNth**

**EXPLORERS GENERAL PROGRAMME \$30.00 per day (8.30am to 3.00pm)**

Book the week Mon 16th to Fri 20th December online at the school where you normally book Morning & ASC care.

Choose the special day listed "Holiday Programme at Hokowhitu School Only"

Mon 16th Dec	Tue 17th Dec	Wed 18th Dec	Thu 19th Dec	Fri 20th Dec
<b>SPIDER SPIDER</b> We are looking for spiders today. Not giant ones, just your ordinary ones!	<b>IN THE GARDEN</b> Dig a bit, plant some seeds, take home some pots to grow.	<b>BAG TAGS</b> Make the best bag tags around - make them for others or just for your bag!	<b>ROLLING ALONG</b> Let's start with some crafts, games and maybe a dip in the pool!!	<b>POMPIP</b> Sun is shining, let's get outside, sit under the trees and dream of lazy days..
Mon 23rd Dec	Tue 24th Dec	Wed 25th Dec	Thu 26th Dec	Fri 27th Dec
<b>BUBBLE TROUBLE 30.00</b> Take the bubbles to the pool! Can you make a bubble in a hula hoop?	<b>CHRISTMAS WORKSHOP 30.00</b> Elves, Stockings, Mugs - get out the brushes and paint and get busy with your last minute Christmas prep. Then a swim and an ice-block.	<b>CHRISTMAS DAY</b>  <b>PUBLIC HOLIDAY</b> Merry Christmas Everyone.	<b>BOXING DAY</b> <b>PUBLIC HOLIDAY</b>	<b>PICNIC IN THE PARK</b> Today we are taking the picnic mats to the park & eating delicious food!
Mon 30th Dec	Tue 31st Dec	Wed 1st Jan - General	Thu 2nd Jan - General	Fri 3rd Jan - General
<b>LUCKY CHARMS</b> Create lucky charms to keep in a treasure box for special occasions!	<b>UNDER THE C</b> Creating colourful collages, create cool games, eat popcorn and enjoy a movie!	<b>NEW YEARS DAY</b>  <b>PUBLIC HOLIDAY</b>	<b>PUBLIC HOLIDAY</b>	<b>FOREST SCAVENGER HUNT</b> A walk to the Friendly Forest to search for some missing pets—will you be the first to find them?

Mon 6th Jan	Tue 7th Jan	Wed 8th Jan	Thu 9th Jan	Fri 10th Jan
<b>JELLYFISH JOY</b> Make a super-duper mobile to take home, then in the pool for Fish Fish Shark	<b>TREASURE HUNT</b> Find the map and follow it to uncover hidden treasures in an outdoor hunt with friends.	<b>MAGNET ATTRACTION</b> Sparkly magnets, volleyball, limbo, swim, but watch out for the shark in the pool!!	<b>STARFISH</b> Shape, bake, paint - chase, throw and then dance!!	<b>ANIMAL SAFARI</b> Create wild animal masks & then off to the forest for a thrilling obstacle course
Mon 13th Jan	Tue 14th Jan	Wed 15th Jan	Thu 16th Jan	Fri 17th Jan
<b>ELEPHANT STOMP</b> Get wild & join the Elephants Stomp.	<b>PLANET PAINTERS</b> Get the meteor through the wormhole, chase the alien.	<b>CASTLES &amp; CROWNS</b> Build castles, crowns, jousting in the pool and Knights vs Dragons	<b>LEAF RUBBING</b> Everyone in the garden & forest to find the best leaves.	<b>KANGAROO HOP</b> Crocodile Crossing T-Ball, Kanga Hop, Boomer Swim
Mon 20th Jan	Tue 21st Jan	Wed 22nd Jan	Thu 23rd Jan	Fri 24th Jan
<b>WELLINGTON ANNIVERSARY</b> <b>PUBLIC HOLIDAY</b>	<b>THE STONE PIG</b> Stone's and pigs - the combination will rock your socks off.	<b>BIRD BUILDERS</b> Make a little birdhouse to take home in your garden!	<b>FAN TO KEEP COOL</b> Learn some origami, decorate Japanese fans and play Dragons Tail	<b>BELLY LAUGHS</b> If we don't make you laugh then you can choose a prize out of the bag!

**Programmes for the 27th January till the 31st January, 2025**

**refer to page 3 of this calendar.**

**This is coloured coded pale blue as Explorers General in Week 1.**



# aPlus School Holiday Programme, Summer 2024/25

Hokowhitu School - 227 Albert St, PNth



**HOLIDAY FUN 7 YEARS & UP \$32.50 per day (8.30am to 3.00pm)**

Mon 6th Jan	Tue 7th Jan	Wed 8th Jan	Thu 9th Jan	Fri 10th Jan
<b>SUPERPOWER OBS COURSE</b> Show off your super skills in this exciting obstacle course.	<b>RULE THE POOL</b> Build a series of floating objects and rule the pool. Get in the pool to test for floatability.	<b>SPAGHETTI TOWERS</b> Build the tallest structure using spaghetti and marshmallows, then let's make smores!	<b>MARBLE RUN MANIA</b> Build a twisting marble track from cardboard and watch the marbles roll!	<b>HOVERCRAFT</b> What can we do with a pack of CD's and a balloon! Hmmm!!
Mon 13th Jan	Tue 14th Jan	Wed 15th Jan	Thu 16th Jan	Fri 17th Jan
<b>UPSIDE DOWN PAINTING</b> Get under the desk and grab a brush - you are painting upside down, not on the desk, ON PAPER!!	<b>WACKY HAT DAY</b> Design wild and crazy hats, then show them off in a parade at lunchtime - everyone votes for the best hat!	<b>WET AND WILD</b> Dodgeball, Balloon Blast, Slippery Slides, Ice challenge! Bring an extra towel.	<b>AQUARIUM IN A JAR</b> Create an aquarium in a jar, toss in some glitter, tiny sea creatures- what is that shark doing in there?	<b>SCOOP AND DIP</b> Create your own scoop and dip game - then take it to the pool to play!
Mon 20th Jan	Tue 21st Jan	Wed 22nd Jan	Thu 23rd Jan	Fri 24th Jan
<b>WELLINGTON ANNIVERSARY PUBLIC HOLIDAY</b>	<b>WOBBLY BOBBLY</b> Build a Wobbly Bobby and get rocking and rolling!	<b>ZOMBIE CAT AND FRIENDS</b> Take the Zombie Cat and his friends to the nearest shoe box and shut them in quick!	<b>CURLY WURLY</b> Throw the dice and find out what your Curly Wurlly is going to look like.	<b>RAG BAG</b> Truly we have a rag bag of material, stripes, circles, squares, what can you make?

**EXPLORERS - 7 YEARS & UP .....From \$30.00 per day (8.30am to 3.00pm)**

Mon 15th Jan	Tue 16th Jan	Wed 17th Jan	Thu 18th Jan	Fri 19th Jan
<b>DOUGHNUT DAY</b> Making doughnuts, the edible kind and the bath time kind!	<b>MOVIES MOVIES MOVIES</b> Snacks, Drink, we are off to the Movies - then lunch in the park and a swim!	<b>GREEN BEANS</b> Amongst the piles of cool junk you will find pieces that enable you to make a masterpiece!! Let's all be Green Human Beans	<b>TE MANAWA - WHARE TOI</b> We are going to Whare Toi, the Art Gallery. See the exhibits & come back to try out some new art with Anya!	<b>UP PERISCOPE</b> Today we are going to make our own periscopes - what will you be able to see over the fence?
Mon 22nd Jan	Tue 23rd Jan	Wed 24th Jan	Thu 25th Jan	Fri 26th Jan
<b>WELLINGTON ANNIVERSARY PUBLIC HOLIDAY</b>	<b>SUNSHINE CITY</b> The sun shines through the city throwing rainbow colours everywhere! Create your own sun shine city!	<b>SCRAFFITO</b> Scratch it to reveal the colours underneath. Then it's T Ball and a Swim!	<b>TIE DYE EVERYTHING</b> Hats, pillow cases, socks - you name it and we are going to tie dye it!	<b>HANG IN THERE</b> Accept the challenge and use teamwork to get you to the end - the key is teamwork!!

**AWATEA 9 YEARS & UP From \$42.00 per day (8.30am to 3.00pm)**

Mon 15th Jan	Tue 16th Jan	Wed 17th Jan	Thu 18th Jan	Fri 19th Jan
<b>SURVIVAL GAMES</b> Every decision your team makes will have an impact on their survival!	<b>MOVIES MOVIES MOVIES</b> Snacks, Drink, we are off to the Movies - then lunch in the park and a swim!	<b>PHOTO JOURNAL</b> Today you are creating a photo journal - we have costumes and ideas galore!	<b>TE MANAWA - WHARE TOI</b> We are going to Whare Toi, the Art Gallery. See the exhibits & come back to try out some new art with Anya!	<b>DRIP PAINTING</b> Drip paint beautiful vases and build a GIANT Volcano!
Mon 22nd Jan	Tue 23rd Jan	Wed 24th Jan	Thu 25th Jan	Fri 26th Jan
<b>WELLINGTON ANNIVERSARY PUBLIC HOLIDAY</b>	<b>SUMMER POOL PARTY</b> The pool is all yours today - water balloon volley ball, paddle boats and grab a ball for fun!	<b>PIE MAKING</b> You will enter into a pie baking competition. You choose the flavour from the ingredients provided and then let's see who makes the best pie!	<b>THE CAVE</b> Virtual Reality Experiences + VR Escape Rooms + Racing Simulators Solo   Multiplayer	<b>TIE DYE EVERYTHING</b> Hats, pillow cases, socks - you name it and we are going to tie dye it!



# EXPLORERS GENERAL PROGRAMME \$30.00 per day (8.30am to 3.00pm)

Some last minute Fun before the children go back to school for 2025

Book at [aplus.kiwi.nz](http://aplus.kiwi.nz)

Mon 27th Jan	Tue 28th Jan	Wed 22nd Jan	Thu 30th Jan	Fri 31st Jan
<b>SHATTERED</b> Old plates made anew with grout and shattered china. Have a smashing time with us today!!!	<b>WHITE STONE ART</b> Beautiful white stones made into beautiful art - then we challenge you to a game of Rob the Nest!! All In!!	<b>3D MACAW</b> Hang it on your wall at home, upside down if you like, but don't miss out on the final days of the school holidays!	<b>WHEELS DAY</b> Bring your wheels today. There is an obstacle course for bikes and scooters and a quiet amble on the turf.	<b>FESTIVAL OF FUN</b> Leaders vs Kids - Soccer Paddle Boats Sausage Sizzle - Drink - Face Painting



## aPlus offers the following School Holiday Programmes:

### Explorers General - All Ages

The aPlus Explorers General programme days when we combine all groups together usually at the beginning or end of a holiday period.

#### Explorers:

The aPlus Explorers programme is a mixture of centre-based activities (Stay and Play), and excursions (Out and About), for children **7 years and up**. This programme offers a chance for children to experience out and about activities or to have special guests come into the centre to see them.

### Holiday Fun

The aPlus Holiday Fun programme is a centre-based programme for children aged **7 years and up**. Children experience the camaraderie of peers they will be with most days. They will be involved in simple cooking, building, art experimentation, sports and games, physical literacy, and teamwork problem solving.

### The Small Fry Programme at aPlus -

Small Fry is the aPlus Holiday centre-based programme for **5 & 6 year old** children. The programme is planned and paced for this age group and gives the younger children the opportunity to flourish in the programme without having to compete or try keep up with their older peers. The children will be able to have morning tea and lunch with their older peers and when they turn 7 they will be able to go to the Explorers or Holiday Fun programme.

### Awatea

Awatea is the aPlus programme for ages **9 years and up**. There is a mix of adventure-based activities (e.g. paintball), excursions (e.g. Ten Pin Bowling, Escape Rooms), sports (e.g. Ultimate Frisbee), and challenge (e.g. Shop, Cook,

**What to bring to aPlus** - Morning Tea, Lunch, Hat, Warm jumper, Imagination, Sunscreen, Rash Shirt

**What to leave at home** - Toys, Phones, Devices, Best Clothes, the Grumps

**Lunch Note for Parents/Caregivers** - If you are sending noodles for lunch, we will do all packets of noodles of same flavour in a pot together.

Doing the noodles packet by packet takes too long for hungry children. Just fill out the **Heat and Eat** form at Sign In, so we know what noodles your child has brought with them for lunch. We thank you and the hungry children thank you!!!

**Zero Tolerance Policy** - Please make sure to take a copy of our ZT Policy, we wish to ensure that ALL children have a great time at aPlus, that they are ALL safe and relaxed, and able to connect with staff and other children - having confidence to make those connections in a peaceful environment!

**Regional Manager:** - Kevin Hill

**Office:** - 06 357 5583

**Email:** [kevin@aplus.kiwi.nz](mailto:kevin@aplus.kiwi.nz)





**Marist**  
Junior Cricket Club

2025  
SEASON

# KIWI CRICKET

**Year 1/5 Marist Kiwi Cricket**

Kiwi cricket for girls & boys from year 1/5 played at the Hockey Turf Monday's from Jan 2025 go into the draw to win a cricket bat if you bring a friend, there will be Coaches on hand & no gear required, Mum & Dad can have a coffee and food at the Hockey cafe.

**FREE**

**To Register email [juniorcricket@maristsports.co.nz](mailto:juniorcricket@maristsports.co.nz)**

For Information contact us | [juniorcricket@maristsports.co.nz](mailto:juniorcricket@maristsports.co.nz) | Tony 021 434 860



## Travelling overseas soon?

You must do a  
**New Zealand Traveller Declaration**  
when you come back.

**[TravellerDeclaration.govt.nz](https://travellerdeclaration.govt.nz)**

**Te Kāwanatanga o Aotearoa**  
New Zealand Government

**New Zealand  
Traveller  
Declaration** | Whakapuakanga  
Tangata Haere ki  
Aotearoa





“Hi parents, if you are looking for high quality care with an epic fun filled Holiday Programme for your child/ren during the School Holidays, Massey Kids Club have spaces available for you. Our Summer Holiday Programme is now open and ready for bookings. Please get in touch with me by emailing [manager@masseykidsclub.ac.nz](mailto:manager@masseykidsclub.ac.nz) to enquire/enroll. We also have spaces available in our After School Programme during the School Terms. I look forward to hearing from you.”



NEW ZEALAND  
Specialised  
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## MANAWATU TOUGH KID® CHALLENGE

**FRIDAY 21 MARCH 2025**

Hosted by Mt Biggs School in partnership with Sport Manawatu.

A fun, challenging obstacle course for primary (year 3-6) and intermediate (year 7 & 8) school kids. Join us for a fun participation friendly event.

The course is all off road and includes running with obstacles such as hay bales, cargo nets, tyres and water slide plus other fun obstacles!!

**Enter through your school**

**\$13 per entry**

**Pre order Lunch Packs \$7**

**Pre order Kids and Adult size T shirts \$25**

**Order when you register.**

**Registration opens February 2025**



Follow us on Facebook for updates, Mt Biggs School Manawatu Tough Kid

**Thank you to all our incredible sponsors!**



## Start your child's musical journey in 2025!

Saturday Music offers affordable, accessible music lessons for children in the Manawātū. Our classes include:

Cello, Choir, Clarinet, Drums, Flute, French Horn, Guitar, Ukulele, Junior Flute (Fife), Keyboard, Music Basics, Recorder, Saxophone, Trombone, Trumpet and Violin

**\$150 per enrolment for 26 lessons!**  
Enrol on our website before Nov 30 for a \$10 discount.

[www.saturdaymusic.org.nz](http://www.saturdaymusic.org.nz)  
[contact@saturdaymusic.org.nz](mailto:contact@saturdaymusic.org.nz)



# I Tri'd the Tri Series

## KIDS TRIATHLON

**For Kids 4-12 Years**



Manawatu & TRC  
Toyota



**Register at**  
[www.triclub.co.nz](http://www.triclub.co.nz)



# Wild Things

## Summer Holiday Programme

### Jan 20-24th 2025

#### Nature Connection for 7-11 yrs

9am - 3pm  
\$350 OR  
\$70/day

hello@wildnatureschool.nz

LIMITED PLACES AVAILABLE

## SUMMER READING

### 2024-25

WHAT

# T A L E S

WILL YOU READ THIS SUMMER?

SUMMER READING FOR AGES 4-10  
I READ FOR AGES 11-13  
LANGUAGE OPTIONS AVAILABLE

NOV 25

9AM

REGISTRATIONS OPEN

DEC 02

PROGRAMME STARTS

JAN 23

PROGRAMME FINISHES

To Register

VISIT [WWW.CITYLIBRARY.PNCC.GOVT.NZ](http://WWW.CITYLIBRARY.PNCC.GOVT.NZ) OR SIGN INTO BEANSTACK  
<http://palmerstonnorthcitylibrary.beanstack.org>

# WANT TO PLAY CRICKET?

\$20 per term

## SMASH CRICKET

MON - PALMY NORTH  
TUE - ASHURST  
WED - FEILDING & P N  
THU - DVIRKE & PAHIATUA  
FRI - FEILDING

ARE YOU AGED 5-10?

For more info scan QR code





- Learn coding languages online with help from expert live tutors.
- Ages 9 to 10, 11 & 12, 13 to 15, 16+
- 1 hour online at either 4pm, 5pm or 6pm. Sessions available between Jan 6 & Feb 9 2025.

Sign up for free at  
[codingnz.com/freeactivity](https://codingnz.com/freeactivity)



JOIN OUR  
GIRLGUIDING  
COMMUNITY

Tuesdays 6:30pm to 8pm

Come join the fun at Tuahine Guides!!  
As a unit we enjoy being outdoors, cookings, crafts and exploring new places within our community !!

If you are aged 9 to 13 we would love to welcome you along to give guides a go and join our family at Tuahine guides.  
Please reach out to [angelini.bre@hotmail.com](mailto:angelini.bre@hotmail.com) for more information 😊



# Information about whooping cough (pertussis)

**Whooping cough (pertussis) is a highly infectious disease that is spread by coughing and sneezing. It can be very serious for babies and children, especially those under one year of age.**

If you or your child has whooping cough symptoms get help. Contact your doctor or practice nurse, or call Healthline for free anytime on 0800 611 116.



## Signs and symptoms – what you can see and feel

Whooping cough symptoms include:



Cough



Fever



Runny nose

The cough turns into long coughing attacks and these can last for several weeks. In young children, the coughing attacks often end with a 'whoop' sound when the child breathes in. The child may also be sick or gag as a result of the coughing.

Whooping cough is spread by coughing and sneezing. You can pass it on to others from the week before your cough starts up until three weeks after. Antibiotics can reduce the amount of time you are infectious.



## How to protect yourself and your child against whooping cough

Vaccination is the best way to protect against whooping cough. In New Zealand the vaccine is free for:

- Children and young people aged under 18
- Pregnant women
- Some groups at higher risk of becoming very unwell if they catch whooping cough
- Adults aged 45 and over if they previously missed any routine immunisation doses or boosters
- Adults aged 65 and over

Babies should be given the whooping cough vaccine at six weeks, three months and five months old, as part of the Immunisation Schedule. Boosters are also given to children at four and 11 years old.

If you or your child have missed out on getting the whooping cough vaccine you should speak to your healthcare provider about catching up.



## Seeking medical advice

**If someone in your family has had a cough that ends with a whoop or vomiting, or that has lasted for two weeks or more, contact your doctor or nurse for advice. You can also call Healthline for free anytime on 0800 611 116.**

**If you or your child has difficulty breathing you should get emergency medical help. Call 111.**



## What happens if you catch whooping cough

**Whooping cough spreads very easily so people with the disease are required to stay home to reduce the risk of passing it on to others.**

People are required to stay home for up to three weeks from when their coughing started. If they take antibiotic treatments this time will reduce to two - five days.

Staying home means you need to stay away from other people while you are infectious. You should avoid places such as day care, school, work or anywhere you could risk passing on the disease to others.

If you have whooping cough you can reduce the risk of passing on the disease while you are infectious by:

- Staying away from others, including people you live with where possible
- Wearing a face mask when around other people or indoors
- Coughing into your elbow and sneezing into a tissue
- Regularly washing your hands

If there are people in your whānau at higher risk of becoming very unwell from whooping cough, then everyone you live may be provided with antibiotics.



## How to keep your baby safe against whooping cough

**Young children – especially babies under a year old – can become very ill and even die from whooping cough.**

**The best protection against whooping cough is for you and others in your whānau to be vaccinated.**

**You and other people who care for your baby should check with a doctor about getting vaccinated.**

You can also reduce the risk of your baby catching whooping cough by:

- Keeping your baby away from people with a runny nose, coughing, or sneezing
- Asking people who are ill not to visit if you have young children
- Encouraging others in your whānau to get vaccinated
- Encouraging people who come into contact with your baby to cough into their elbow and sneeze into a tissue; and regularly wash their hands and practice good hygiene



## If you're pregnant or planning a child

Whooping cough in newborn babies can be life-threatening, but it can also be prevented.

Pregnant women can be vaccinated from week 16 of their pregnancy to protect themselves and their child against whooping cough.

This vaccine helps the mother build up their immune system against whooping cough, and this protection is also passed on to the child while they are in their womb. New-born babies should still receive the vaccine at six weeks, three months, and five months old as well.

**If you're pregnant or planning a child talk to your midwife about immunisation against whooping cough.**



For more information visit:  
[www.arphs.nz/whooping-cough](http://www.arphs.nz/whooping-cough)



Levin Little Theatre Centrestage Presents



# Alice in Cuckoo Land

Written by Peter Nuttall Directed by Krystal Connell

29th Nov - 14th Dec 2024

Fri 29th & Sat 30th Nov - 7pm  
Sun 1st Dec - 2pm  
Fri 6th & Sat 7th Dec - 7pm  
Sun 8th Dec - 2pm  
Fri 13th & Sat 14th Dec - 7pm

### Tickets

Youth - \$17  
Adults - \$30  
Seniors (65+) - \$25  
Family of Four - \$75  
Family of Five - \$83

### Mad Hatters High Tea

Mad Hatters High Tea - From \$20

### Crazy Hat Competition!

Wear Your Craziest Hat to Your Show Time For a Chance to Win a Prize

Tickets on Sale Online Now: [www.trybooking.com/nz/TXZ](http://www.trybooking.com/nz/TXZ)

Levin Little Theatre  
By arrangement with Lazy Bee Scripts



## Term 1 Registrations Open Now!

Starting, Sunday 9th February 2025  
\* No sessions on public holiday weekends

### Sunday Sessions

Yrs 1/2 **mini** 9am - 9:45am  
Yrs 3/4 **junior** 10am - 11am  
Yrs 5/6 **pro** 11.15am - 12:45pm  
Yrs 7-10 **all star** 1pm - 2:30pm

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